Adulting: The Manual

Adulting (v): to do grown up things and hold responsibilities such as, a 9-5 job, a mortgage/rent, a car payment, or anything else that makes one think of grown-ups.

*Urban Dictionary*

The information presented here is intended to inform students and families of possible challenges that may be encountered as young people move toward independent living.
Table of Contents

Finances

- Making and following a budget
- Writing a check
- Purchasing and using money orders
- Using credit and debit cards
- Paying bills online and by mail
- Paying your taxes
- Investing
- Taking out loans
  - For school
  - For auto
- Tipping

Home

- Maintaining
- Changing a furnace filter
- Maintaining a water softener
- Purchasing renter’s insurance
- Renting a home/apt.
- Lawn Maintenance

Auto

- Maintaining
- Purchasing insurance
- Purchasing and leasing
- Obtaining a license
- Learning accident protocol
- Reading a map
- Changing a tire
- Changing oil
- Pre-paying for gas
- Fixing

Laundry

- Doing laundry
- Using a laundromat
- Ironing clothes

Cooking

- Canning and freezing
- Selecting produce
- Learning basic nutrition
- Planning meals
- Making tea/coffee

Communication

- Writing skills
- Interviewing skills
- Seeking accurate information
- Writing a cover letter/resume
- Writing and sending letters
- Researching offline

Social

- Maintaining healthy relationships
- Practicing conflict management
- Exhibiting manners (host and guest)
- Pursuing unplugged leisure
- Managing time

Health Care

- Making appointments
- Choosing providers
- Caring for self when ill
- Scheduling regular sleep and exercise
- Purchasing health insurance

Civic

- Registering to vote
- Learning Election Day protocols
- Recycling
**Finances**

- Making and following a budget
- Writing a check
- Purchasing and using money orders
- Using credit and debit cards
- Paying bills online and mail
- Paying your taxes
- Investing
- Taking out loans for school
- Taking out loans for auto
- Tipping

**Home**

- Maintaining
- Changing a furnace filter
- Maintaining a water softener
- Purchasing renter's insurance
- Renting a home or apartment
- Lawn Maintenance

**Auto**

- Maintaining
- Purchasing insurance
- Purchasing a car
- Obtaining a license
- Learning accident protocol
- Reading a map
- Changing a tire
- Changing the oil
- Pre-paying for gas
- Fixing a bike

**Laundry**

- Doing laundry
- Using a laundromat
- Ironing clothes

**Cooking**

- Canning and freezing
- Selecting produce
- Learning basic nutrition
- Planning meals
- Making tea and coffee
Communication

- Writing Skills
- Interviewing skills
  - http://mnstr.me/2eKp6jy
- Finding information
  - http://bit.ly/1kAGMuv
- Writing a cover letter and resume
- Writing and sending a letter
- Researching offline

Social

- Maintaining healthy relationships
- Practicing conflict management
- Table Manners
  - http://bit.ly/2sS8a3J
- Exhibiting manners (guest and host)
- Pursuing unplugged leisure
- Managing time

Health Care

- Making appointments
- Choosing providers
  - https://wb.md/2GBWENO
- Providing self-care when ill
  - http://wb.md/Oh5nJr
- Scheduling regular sleep and exercise
  - http://bit.ly/1b3Yw1T
- Purchasing health insurance

Civic

- Registering to vote
- Learning election protocols
- Recycling
  - http://bit.ly/1x1q2Tf
- Maintaining healthy relationships
- Practicing conflict management
- Table Manners
  - http://bit.ly/2sS8a3J
- Exhibiting manners (guest and host)
- Pursuing unplugged leisure
- Managing time

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- Making appointments
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Glossary

Appointment: An arrangement to meet someone at a time and place

Bill: An itemized account of the separate cost of goods sold, services performed, or work done

Budget: the amount of money that is available for, required for, or assigned to a particular purpose

Canning: To preserve food by putting it in a metal or glass container

Cover letter: A letter that is sent with something to explain the reason for it or to give more information about it

Interview: Meeting at which people talk to each other to ask questions and get information: such as a formal meeting with someone who is being considered for a job or other position

Insurance: An agreement in which a person makes regular payments to a company and the company promises to pay money if the person is injured or dies, or to pay money equal to the value of something (such as a house or car) if it is damaged, lost, or stolen

Invest: To put out money to gain profit

Iron: The iron is the small appliance used to remove wrinkles from fabric

Laundromat: A self-service laundry

License: An official document, card, etc., that gives you permission to do, use, or have something — often used to refer specifically to a driver's license

Loan: An amount of money that is given to someone for a period of time, with a promise that it will be paid back: an amount of money that is borrowed

Manners: Knowledge of how to behave politely while with other people

Maintain: To keep in an existing state (as of repair, efficiency, or validity)

Money order: An order issued by a post office, bank, or telegraph office for payment of a specified sum of money usually at any branch of the organization

Nutrition: The process of eating the right kind of food so you can grow properly and be healthy

Protocol: A system of rules that explain the correct conduct and procedures to be followed in formal situations

Provider: A group or company that provides a specified service: Health-care providers

Rent: Money that you pay in return for being able to use property and most often to live in an apartment, house, etc., that belongs to someone else

Recycle: To make something new from (something that has been used before)

Resume: A short document describing your education, work history, etc., that you give an employer when you are applying for a job

Self-care: Care for one's self, self-treatment

Tax: A charge usually of money imposed by authority on persons or property for public purposes

Tip: Something (usually money) given voluntarily or beyond obligation usually for some service